

Health Screening

Whether you're looking for answers or need a little reassurance, we have the Health Screening package to suit your individual needs. Starting from as little as £199, our plans, carried out by our team of experienced private health screening GPs using the latest health testing technology, are designed to equip you with vital, personalised, medical knowledge, allowing you to optimise your health and minimise risks.

Call us today on 01344 535 335 to speak to one of our dedicated specialists or email hello@parksidehealth.com and begin your journey to better health.

	Essential Health Screen (All ages)	Proactive Health Screen (under 40 years)	Executive Health Screen (above 40 years)
Pre-screening Questionnaire	✓	✓	✓
Detailed Medical History	✓	✓	✓
Liststyle Review	✓	✓	✓
BMI, Body Composition, Blood Oxygen Saturations, Heart Rate, Blood Pressure	✓	✓	✓

Full Medical Examination, including:

1. Cardiovascular Examination	✓	✓	✓
2. Respiratory Examination	✓	✓	✓
3. Abdominal Examination	✓	✓	✓
4. Genital Examination (Testes examination in men) (Breast examination & pelvic examination with smear in women >25yrs)	✓	✓	✓
5. Neurological Examination	✓	✓	✓
6. Musculoskeletal Examination	✓	✓	✓
7. Ear/Nose/Throat Examination	✓	✓	✓
8. Vision Assessment			✓
9. Hearing Assessment (Audiometry)			✓
10. Grip Strength			✓
Lung Function Testing (Spirometry)		✓	✓
12 Lead Cardiac ECG		✓	✓
Coronary Risk Analysis (your 10 year Risk of having a Heart Attack or Stroke)		✓	✓

50 Lab Biomarker blood tests, covering:

1. Full Blood Count	✓	✓	✓
2. Kidney Heath	✓	✓	✓
3. Liver Health	✓	✓	✓
4. Bone Health		✓	✓
5. Diabetic Health	✓	✓	✓
6. Heart Health (Cholesterol & Lipid Profile)	✓	✓	✓
7. Iron Status		✓	✓
8. Nutritional & Vitamin Health		✓	✓
9. Muscle, Joint & Bone Health		✓	✓
10. Infection & Inflammation		✓	✓
11. Thyroid Health		✓	✓
12. Hormone Health		✓	✓
13. Cancer Markers: Prostate (Men) & Ovarian (Women)			✓
9 Urine biomarkers: Bilirubin, Ketones, Glucose, Nitrites, pH, Protein, Red Blood Cells	✓	✓	✓
Stool Cancer Test (Faecal Immunochemical Test)			✓
Tailored doctors medical report, identifying any health problems with advice & an action plan	✓	✓	✓
In Clinic follow up appointment		✓	✓

Pricing

Essential	Proactive	Executive
This great value, entry level package is perfect for those looking for a more general head-to-toe overview of internal health. From measuring body composition and blood oxygen saturation, to investigating kidney, liver and heart health through extensive biomarker blood testing, this package meets all your requirements. Our tailored, comprehensive report will arm you with the medical data needed to map your route to a thriving, healthy future. £199	The obvious choice for both men and women under the age of 40, our Proactive plan is the perfect ally to tackling any health concerns you may have. This package provides you with a thorough investigation of internal health, allowing risks to be identified rapidly, enabling you to make pre-emptive medical decisions and lifestyle changes. Our elite, full medical examinations, which include cardiovascular, respiratory, and neurological assessments, as well as spirometry, carried out by our unrivalled, renowned team of private GPs, ensure that no stone is left unturned in providing you with the comprehensive answers you need. Each package includes a full, detailed report, and an in clinic follow up consultation with our GP team, providing you with the essential time and space needed to discuss your next steps to optimal health. £699	Custom designed for men and women over the age of 40, and encompassing all three packages in one, our Executive plan provides you with the most extensive level of testing helping you to be live a longer, healthier, happier life. Bespoke to this plan, using the latest diagnostic technology, our specialist team will carry out a thorough investigation using evidence-based cancer markers and stool tests, ensuring that any cancers are diagnosed before noticing any obvious symptoms, providing a timely opportunity to identify any pre-cancerous or early onset cancerous cells. Diagnosing cancer at the earliest stage can drastically improve long term treatment options and outcomes. Your tailored report and GP consultation will help pave the way towards stable, optimal health. £825

Our Locations

 Ascot, Berkshire Parkside Suite (Outpatients) Heatherwood Hospital Brook Avenue Ascot, SL5 7GB T: 01344 535335	 Windlesham, Surrey Windlesham Dental Care Centre Wisteria Cottage School Road Windlesham, GU20 6PB T: 01276 546434	 Slough, Berkshire Parkside Suite, Wexham Entrance 4 Wexham Park Hospital Slough SL2 4HL T: 01753 386626	 London, W1 Parkside Health 55 Warren Street Central London W1T 5NW T: 02030 484874	 Berkshire Grove Hospital Grove Hospital Waltham Road, White Waltham Maidenhead SL6 3TN T: 01628 244 240
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